Yesterday's Coffee is Tomorrow's Coffee

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ABSTRACT

Christina Koch, Ph.D. talks about her time on the International Space Station, her college years at NC State University, and growing up in Jacksonville, N.C. Speaking directly to Wicked Problems Wolfpack Solutions students, Koch draws parallels between life on the space station and life during a global pandemic, and compares the transition back to Earth with the transition from home to college. Learn about the strategy she used to achieve her own goals, and what words of wisdom she has to offer to the next great class of NC State students.

Christina Hammock Koch was selected as an astronaut by NASA in 2013. She completed astronaut candidate training in 2015. Koch graduated from NC State with a bachelor’s degree in electrical engineering and physics and a master’s degree in electrical engineering. She most recently served as flight engineer on the International Space Station for Expeditions 59, 60 and 61. Koch set a record for the longest single spaceflight by a woman with a total of 328 days in space.

Visit the web version of this article to view interactive content.

YESTERDAY’S COFFEE IS TOMORROW’S COFFEE (CHRISTINA HAMMOCK KOCH)

This video was originally produced for an audience of entering first-year and transfer students at NC State University as a part of an interdisciplinary experience. It is available for noncommercial reuse under a Creative Commons Attribution Noncommercial 4.0 License, https://creativecommons.org/licenses/by-nc/4.0/.

TRANSCRIPT